



GEMS

January 2022

A Meal Program for Older Adults living in the RM of Macdonald

**Happy
New
Year!**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 Brunkild Liver n Onions Last day to order Soup	4	5 Starbuck Liver n Onions	6 Sanford Liver n Onions	7	8
9	10 La Salle Beef and Broccoli Casserole	11	12 Starbuck Chili	13 Sanford Chili	14	15
16	17 La Salle Homemade Tomato Soup & Grilled Ham and Cheese	18	19 Starbuck Ham & Texas Potatoes	20 Sanford Ham & Texas Potatoes	21	22
23	24 La Salle Ham & Texas Potatoes	25	26 Starbuck Teriyaki Chicken	27 Sanford Teriyaki Chicken	28	29
30	31 Broccoli Cheese Soup					

Please call Leanne at 204-735-3052 to sign up no later than the Monday before each week's meals.
We will try to accommodate special dietary requests.
 Menu subject to change.

Please call ahead to confirm.
\$9 per person